

The Port Report

November 2011



Inside this issue:

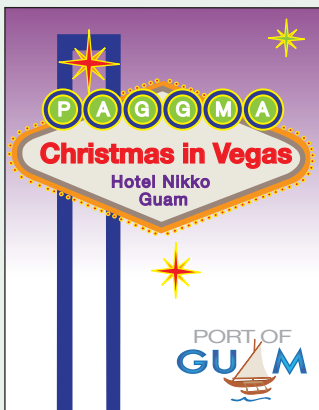
- 1 Hagatna Channel Clean Up
- 2 Increment Freeze
- 3 Port Week Results
- 4 Photo Highlights
- 5 Christmas Party Reminder
- 6 Sympathy Message

Highlights:

December 2, 2011 –
PAGGMA Christmas in
Vegas, Nikko Hotel

May you forever have a
million reasons to be
thankful to God.

Wishing you a very
Merry Christmas!



Hagatna Channel Clean Up

The Guam Environmental Protection Agency (Guam EPA) in partnership with the Island Beautification Task Force, U.S. Coast Guard Sector Guam, Port Authority of Guam (PAG), Guam Department of Agriculture, Guam Harbor Master, Guam Fisherman's Co-op, U.S. Army Corps of Engineers, Guam Police Department (GPD) Marine Patrol and local businesses including Mr. Rubbishman, Global Recycling, Micronesian Divers Association (MDA) and GMI joined together to conduct an in-water cleanup of the Hagatna Boat Basin Channel. The three-day cleanup is estimated to clear 100 tires from the channel. The dives were originally planned to occur from 6 a.m. to 10 a.m. on Monday, Nov. 28, Tuesday, Nov. 29 and Wednesday, Nov. 30. However, clean up took two days to complete with volunteers working from 6 - noon each day. Individuals who regularly use the Hagatna Boat Basin were restricted from the area during the dive operations. "Marine debris poses a threat to our environment and a danger to those using the channel for boating, fishing or other activities," said Guam EPA Administrator Ivan Quinata. "Many communities have seen how tires and metal debris can kill corals and marine

life. Getting debris out of water and ensuring it goes to the proper location is critical. This project is only possible because of the support of our federal, local and private partners."

The cleanup is a multi-agency community service that was organized after the issue of debris in the channel was pointed out during the International Coastal Cleanup. Dive teams from Guam EPA, GPD and other groups were in the water bringing tires and debris to the surface using lift bags donated by GMI. The Coast Guard monitored boat traffic to ensure all vessels traveling in the area proceed at a "no-wake" speed. Volunteers on the shore staged the tires and debris in containers provided by Mr. Rubbishman, who will haul the containers to Global Recycling. Lift bags for the divers to use to bring debris to the surface were donated by GMI and air for the divers was donated by MDA. Taking the lead on behalf of the Port Authority was the Harbor Master's Office and Commercial Division who attended meetings and assisted in the coordination of the event. Staff from Harbor Master, Commercial, Stevedoring, Equipment Maintenance, Terminal and Facility Maintenance helped stage and load debris brought on shore into trash containers. Thank you to everyone who took part in this endeavor.

PORT AUTHORITY OF GUAM
Jose D. Leon Guerrero Commercial Port
Piti, Guam

November 18, 2011

MEMORANDUM

TO: All Employees
FROM: General Manager
SUBJECT: Freeze of Salary Increments

On October 12, 2011, the Acting Governor Raymond Tenorio issued Executive Order 2011-14, *Relative to Freezing Salary Step Increases for All Government of Guam Executive Branch Employees*. At their regular meeting of November 17, 2011, the executive order was presented to the Board of Directors for their guidance. Because of the financial situation the Government of Guam is in, as well as, austerity measures implemented by the autonomous agencies and line departments, the Board of Directors has approved the freezing of salary increments for all Port employees, classified and unclassified, to be also effective October 10, 2011. Such freeze shall remain in effect until rescinded by the Governor.

In the event the freeze is lifted, your salary increments will be granted depending on the outcome of your overall annual performance evaluation. The effective date shall be dependent on whether the Governor's rescindment of the freeze stipulates the salary increments are to be retroactive the date it was due or effective the date the freeze is lifted.

As a result, your division heads have been instructed to continue to submit your annual performance evaluations in accordance with our Personnel Rules and Regulations.

Should you have any questions, please free to contact this office or the Human Resources Office.


PEDRO A. LEON GUERRERO, JR.

Port Event Winners

Karaoke

Category 1

1st Place Ashley Cruz
2nd Place Angela Cabrera

Category 2

1st Place Helen Aguon
2nd Place Melchor Perez

Billard

1st Place Seth Abay
2nd Place Justin Candoleta
3rd Place Jesus Mafnas

Darts

1st Place Shaun Gumataotao
2nd Place Ronnie Sablan
3rd Place Benjamin Tedpahago

Basketball

1st Place Matson
2nd Place Proa
3rd Place Matson

Free Throw

Wylie Comoda/Joey Rabago
3 Point Shooter Joe Javellana

Bowling

1st Place Stevedore
2nd Place Transportation
3rd Place PAG Retirees

Golf

Closest To Pin - Ken Constantino,
Pat Warren, Mike James, and
John Borja.



Continue on page 4



On behalf of **PAGGMA**, a special thank you is extended to everyone who contributed their time, effort, and resources to make all Port Week events a success. These activities could not have been pulled off without the help and support of the employees, families, friends, Port users & tenants. Thank you to all the players, coaches, and

referees for your great attitude and sportsmanship. We look forward to improving on the success of these tournaments for next year's celebration. For more photos, log on to the Ports Facebook page.

We are ALL Port Strong!!!

Christmas Party



Holiday Hints

The following are some hints to help you derive more enjoyment from this season of merriment.

Hints For Responsible Alcohol Consumption

1. Know your limit. If you do not already know how much alcohol you can handle without losing control, try it out one time at home with your parents or friend present. Explain to them what you are attempting to learn. Most people find that no more than a drink an hour will keep them in control of the situation and avoid drunkenness. Have your parents or friend videotape you while you are attempting to see what happens when you consume more than the recommended one drink per hour.
2. Eat food while you drink. It is particularly good to eat high protein foods such as cheese and peanuts, which help to slow the absorption of alcohol into the circulatory system. Many cultures consume alcohol only with food to prevent various problems.
3. Sip your drink. If you gulp a drink for the effect, you are losing a pleasure of drinking, namely tasting and smelling the various flavors. This is particularly true for wine.
4. Accept a drink only when you really want one. At a party if someone is trying to force another drink on you, ask for ice or drink a non-alcoholic beverage.
5. Cultivate taste. Choose quality rather than quantity. Learn the names of fine wines, whiskeys, and beers. Learn what beverage goes with what foods.

6. Skip a drink now and then. When at a party, have a nonalcoholic drink between the alcoholic one to keep your blood alcohol concentration down. Space your alcoholic drinks out to keep the desired blood alcohol concentration.

7. When drinking out, if you must drive home, have your drinks with a meal, not afterwards. This allows time for the alcohol to be burned up and for it to be absorbed slowly into the circulatory system.

8. Beware of unfamiliar drinks. Such drinks as zombies and other fruit and rum drinks can be deceiving, as the alcohol is not always detectable, and it is difficult to space them out.

9. Make sure that drinking improves social relationships rather than impairs them. Serve alcohol as an adjunct to an activity rather than as the primary focus. Have a German night party rather than just getting together to drink beer.

10. Appoint a designated driver. Have someone available who will not be drinking and will drive all drinkers home. This is critical if the person has consumed more than one drink per hour.

11. Use alcohol carefully in connection with other drugs. This includes over-the-counter drugs such as sleeping pills and cold or cough medicines. Alcohol should be avoided while taking certain antibiotics, arthritic, anti-depressant, and many other prescription medications. Check with your physician or pharmacy before you drink while on any prescription drug.

12. Respect the rights of individuals who do not wish to drink. It is considered impolite to attempt to get people to drink who do not wish to. They may abstain for religious or medical reasons, because they are recovering alcoholics, or they just may not like the taste and effect it has on them.

13. Avoid drinking mixed drinks on an empty stomach on a hot day. This might produce hypoglycemia, which can cause dizziness, weakness, and mood change.

14. If you know that you will have to drive after consuming alcohol, limit your consumption to no more than one drink an hour. In reality many people who have a drink with a meal have no other option other than to drive home. Consuming NO MORE than one glass of wine, beer or mixed drink with a meal in a hour is generally safe for driving.

15. Upper limit of drinks for males is 21 and for females is 14 drinks per week. Most studies suggest that these limits are safe for health. In older individuals moderate drinking may help prevent against heart disease. This amount, of course, is spread out over a week's period. This means for males no more than 2-3 drinks and for females 1-2 drinks per day preferably with meals.

Holiday Shopping Tips

1. Spread out your holiday purchases throughout the year—or at least throughout the holiday season. Shopping last minute often results in making additional purchases you don't need because you are feeling rushed and frenzied.
2. Make a list of absolutely everyone you need to buy for and how much you plan to spend on them before visiting any store or website, and stick to it. Writing down which stores you'll visit and which gifts you plan to buy helps focus your shopping excursion and makes the chore more pleasant because you don't get caught up in holiday hysteria.
3. Sign up to receive emails from your favorite retailers. Be vigilant about searching for holiday promotions in newspapers and on the internet as well.
4. Use the Internet to compare prices and products before setting foot in a store. Not only will you save time by researching ahead of time, you'll also save money on gas by not driving all over town!
5. Save yourself the guesswork and buy gift cards, especially for recipients of smaller-value gifts. Gift cards are a great alternative.
6. Pay cash. When you're out of money, you're out of money.
7. Know your limit. If you're going to pay by credit card, use the one with the most favorable terms. Read the fine print in your card agreement, and pay your balance in full.
8. Keep a running tally of your credit-card spending. When you come home from a day of shopping, immediately subtract what you've spent from your checking-account balance. Not only does that give you a visual record of how much you've spent, but also it ensures that you'll have enough money in the account to pay the bill when it arrives.
9. Have a plan for paying off your bills. If you overspent last year, it's time to cut back. But slashing your budget in half can be like trying to quit smoking cold turkey -- it often doesn't work, and your failure makes you feel worse than before. Instead, come up with a more realistic goal.
10. Get easy gifts out of the way early. I have a friend who sets aside money for cash gifts -- to the paper boy, the babysitter, the hairdresser, the trash collectors, out-of-town nephews -- before Thanksgiving. That way those presents don't have to come out of her December shopping budget.
11. Think outside the gift box. Plenty of alternatives are less expensive, and more fun, than buying a gift for every sibling, in-law, niece and nephew. Instead, have a family gift exchange in which you each choose one name and put more thought than money into selecting a single gift.
12. Look ahead to next year. If you came up short on cash this year, start an old-fashioned holiday-club account. You can easily set up an automatic transfer from your checking account each month, earn a competitive rate of interest, and have a tidy sum when next holiday season rolls around.

13. Count your pennies. Pick up coins (even pennies) and toss them into a big jar, along with the change from your pockets every day. You'll be surprised at how much it'll add up to.

Condolence Message

Our condolences to the families of the late June B. Flores, mother of Jesse Flores (Port Police) who passed away on November 20, 2011 and Estoban Concepcion, brother of Pedro Earl Concepcion (Transportation) who passed away on November 21, 2011. Our deepest condolences are extended to the family.